

Clinical Assessment/Management Tool for Children

PRIORITIES OF CLINICAL ASSESSMENT	Consider any of the following as p than gastroenteritis:	ossible indicators of diagnoses other	RED FLAGS—history
Patient presents with or has a history of diarrhoea and/or vomiting	 Fever temperature of > 38°C Shortness of breath Altered state of consciousness Signs of meningism Blood in stool Bilious (green) vomit Vomiting alone 	 Recent head Injury Recent burn Severe localised abdominal pain Abdominal distension or rebound tenderness Consider diabetes 	Do the symptoms and/or sign illness? Refer immedia Alert Paediatr Stay with child

	Green Low Risk	Amber Intermediate Risk	
Respiratory	 Normal breathing pattern and rate 	 Normal breathing pattern and rate 	In addition to an • Abnormal brea
Circulation and Hydration	 Heart rate normal Normal skin colour Warm extremities Normal skin turgor CRT < 2 secs Normal urine output Eyes not sunken 	 Mild tachycardia Normal skin colour Warm extremities Reduced skin turgor CRT 2-3 secs Reduced urine output/no urine output for 12 hours Sunken Eyes 	 Severe tachyca Pale/mottled /a Cold extremitie Extremely redu CRT > 3 secs No urine output
Colour Activity	 Responds normally to social cues Content/smiles Stays awake/awakens quickly Strong normal crying/not crying Appears well 	 Altered response to social cues, Irritable No smile Decreased activity, or lethargic Appears unwell 	 No response to Unable to rous Weak, high pito Appears ill to a
Other symptoms and signs	Over 3 months old	 Under 3 months old Additional parent/carer support required 	

Quick Links	Green Action	Amber Action	
<u>Normal Vital Signs</u>	 Provide with written and verbal advice see our page on <u>Diarrhoea</u> and vomiting Continue with breast milk and/or bottle feeding Encourage fluid intake, little and often e.g. 5ml every 5 mins Confirm they are comfortable with the decision/advice given Think safeguarding before sending home 	 Begin management of clinical dehydration algorithm Agree a management plan with parents +/- seek advice from paediatrician. Consider referral to acute paediatric community nursing team if available 	 Refer immedi Alert Paediatr Consider initiatransfer



Primary and Community Care Settings

of trauma

signs suggest an immediately life threatening (high risk)

diately to emergency care by 999 atrician nild whilst waiting and prepare documentation

Red **High Risk**

any amber features are there any of the following: eathing/tachypnoea

- ycardia
- /ashen/blue
- ities
- duced skin turgor
- put for >24 hours

e to social cues, irritability use not able to stay awake bitched or continuous cry a healthcare professional

Red Action

- ediately to emergency care consider 999 atrician
- itiating Management of Clinical Dehydration awaiting